

1989 REGION 1A FINALIST-----ADVANCEMENT AND LANE
 ASSIGNMENTS FROM PRELIMS

GIRLS

100 METER DASH

1. TASHA ERICKSON	BYR	13.14
2. KIA WEHREBERG	GMLD	12.72
3. S.WILLIAMSON	GL/E	12.63
4. KARLA STROMME	BYR	12.35
5. PAM PEDERSON	EM	12.45
6. N.SCHRIEVER	CHAT	12.71
7. LESELLE LEHMANN	KWWC	12.83
8. ELISE THOMPSON	LA	13.21

800 METER RUN

1. KRISTA REDISKE	DES	2:33.93
2. MICH. CLAEYS	GMLD	2:30.61
3. JODY BUCK	LC	2:27.83
4. NICOLE HINES	RL	2:21.86
5. MICI O'GRADY	WAS	2:26.74
6. A.AVELSGAARD	NREG	2:29.79
7. JULIE RUNKEL	PFH	2:32.74
8. AMY BURG	C/SG	2:39.68

200 METER DASH

1. MAGGIE O'CONNOR	RL	26.31
2. PAM PEDERSON	EM	26.19
3. KARLA STROMME	BYR	25.86
4. MARTHA HARRIS	BYR	26.04
5. SARA GORDER	EM	26.24
6. SHANNON MEYER	WAS	26.78
7. S. WILLIAMSON	GL/EM	26.86
8. LISA COPEMAN	CHAT	26.93

4 X 100 RELAY

1. ROCH LO	52.50
2. PLV	52.46
3. BYR	50.23
4. CHAT	52.28
5. STEW	52.48
6. KM	52.79
7. DE/SC	53.00
8. GLEN/EMMONS	53.14

100 METER HIGH HURDLES

1. SARAH KOPPERUD	RPH	17.06
2. SLOANE BENSON	GMLD	16.46
3. M. RODGERS	PI	16.15
4. CATHY STEHR	ZM	15.53
5. KRIS SCHMITZ	CSG	15.65
6. ANGIE SMITH	ZM	16.34
7. J.HOSTINGS	LANES	16.69
8. POLLY QUIRAM	PLV	17.16

4 X 200 RELAY

1. STEW	1:50.88
2. LC	1:48.57
3. EM	1:47.93
4. CHAT	1:48.21
5. KWWC	1:49.60
6. DE/SC	1:51.73
7. BP	1:52.25
8. KM	1:53.69

300 METER LOW HURDLES

1. POLLY QUIRAM	PLV	50.22
2. JENNY LEISEN	EM	48.97
3. JERA MORKEN	PI	48.62
4. CATHY STEHR	ZM	46.45
5. M. RODGERS	PI	48.21
6. J.HOSTINGS	LANES	48.79
7. SARA KOPPERUD	RPH	49.26
8. ANNA HARRIS	BYR	50.35

4 X 400 RELAY

1. ROCH LO	4:13.47
2. GMLD	4:11.47
3. WASECA	4:08.51
4. LAKE CITY	4:10.57
5. KM	4:11.81
6. PLV	4:15.48
7. LANESBORO	4:17.26
8. PFH	4:23.69

400 METER DASH

1. J. JOHNSON	LANES	1:00.68
2. KIA WEHREBERG	GMLD	59.84
3. SHANNON MEYER	WAS	59.41
4. STACEY SIEVERS	RL	59.64
5. MARY DUNNEMAN	KM	59.88
6. SARA GORDER	EM	1:02.35
7. H. VANRAVENHORST	BP	1:02.99
8. JACKIE BENTON	PFH	1:04.05

1989 GIRLS REGION 1 TRACK AND FIELD

TEAM RESULTS

TEAM	POINTS
1. ELGIN MILLVILLE 3	56
2. BYRON 3	53
3. PLAINVIEW 3	41
4. LAKE CITY 3	32
4. GML0S 2	32
6. LOURDES 3	31
6. CHAT 3	31
8. PI 4	30
9. C/SG 1	28

ZM⁴ 23; WC¹ 20; WAS⁴ 20; H/DC² 14;
 KM⁴ 13; DE/SC² 11; LANES¹ 10;
 STEW² 11; LAC¹ 10; BF² 7; GL/E² 5;
 KWWC⁴ 5; NRHEG² 4; PFH¹ 4; WK³ 4;
 RPH¹ 1

1600 METER RUN *5:10.78

1. SCHNEIDER, JENNY	WC	5:27.39
2. HOWARD, SARA	PLV	5:33.49
3. COWELL, SARAH	LAC	5:36.35
4. CLEMENT, CAROL	PFH	5:39.59
5. BERRYMAN, JANA	PI	5:43.06
6. RAMSEY, BETH	RPH	5:44.59

3200 METER RUN *11:08.07

1. SCHNEIDER, JENNY	WC	11:37.29
2. MAZZITELLI, J.	DE/SC	11:53.06
3. WALKER, JILL	CHAT	12:08.15
4. COWELL, SARA	LAC	12:09.75
5. SCHUMACHER, T.	PLV	12:26.55
6. KRAMBEER, DENA	PI	12:28.75

200 METER DASH *26.10

1. STROMME, KARLA	BYR	25.74
2. HARRIS, MARTHA	BYR	25.88
3. PEDERSON, PAM	EM	26.34
4. GORDER, SARA	EM	26.46
5. WILLIAMSON, S.	GL/E	26.47
6. O'CONNOR, MAGGIE	RL	26.48

7/8 Shannon Meyer (Was) Lisa Copeman (Chat)

400 METER DASH *58.95

1. WEHRENBERG, KIA	GML0S	58.74
2. MEYER, SHARON	WAS	59.47
3. DUNNEMAN, MARY	KM	1:00.26
4. JOHNSON, JENNI	LANES	1:00.27
5. GORDER, SARA	EM	1:01.22
6. SIEVERS, STACEY	RL	1:01.32

7. Jackie Bentson (A-F/H) 8. Heidi Van Avenhorst (BA)

800 METER RUN *2:20.78

1. BUCK, JODY	LC	2:20.29
2. HINES, NICOLE	RL	2:22.19
3. O'GRADY, MICI	WAS	2:25.92
4. AVELSGAARD, AMY	NREG	2:29.49
5. CLAEYS, MICHELLE	GML0S	2:32.29
6. REDISKE, KRISTA	DE/SC	2:35.72

7/8 Julie Bunkel (A-F/H) Amy Burg (C/SG)

100 METER HIGH HURDLES *15.56

1. STEHR, CATHY	ZM	15.51
2. SCHMITZ, KRIS	C/SG	15.71
3. RODGERS, MICHELLE	PI	16.05
4. BENSON, SLOANE	GML0S	16.41
5. SMITH, ANGIE	ZM	16.49
6. SCHUBERG, KELLY	PLV	16.69

7/8 Jenni Hosting (Lanes) Sarah Kopperud (APH)

300 LOW HURDLES *46.72

1. STEHR, CATHY	ZM	45.47
2. RODGERS, MICHELLE	PI	47.65
3. HOSTINGS, JENNI	LANES	47.66
4. MORKEN, JERA	PI	47.82
5. LEISEN, JENNY	EM	48.18
6. HARRIS, ANNA	BYR	48.27

7/8 Polly Quiram (Alv) Sara Kopperud (APH)

100 METER DASH *12.76

1. STROMME, KARLA	BYR	12.64
2. PEDERSON, PAM	EM	13.01
3. SCHRIEVER, NICOLE	CHAT	13.15
4. WEHRENBERG, KIA	GML0S	13.21
5. WILLIAMSON, STACEY	GL/E	13.28
6. LEHMANN, LISELLE	KWWC	13.31

7/8 Elise Thompson (Low.A) Tasha Erickson (Byr)

SHOTPUT

*38'5"

1. BURKE, SUSAN	FLV	38'8"
2. DELKERS, SHILOH	PI	36'5.5"
3. BENSON, SLONE	GMLOS	35'6"
4. ERICKSON, KARIN	H-DC	34'4.5"
5. WEBER, LISA	BYR	33'3.5"
6. STEHR, AMY	ZM	33'

LONGJUMP

*16'11"

1. KRIS SCHMITZ	C/SG	17'8"
2. MARTHA HARRIS	BYR	16'10.75"
3. H.VAN RAVENHURST	BP	16'5.5"
4. BRIDGET TODD	FLV	16'5"
5. NICOLE SCHRIEVER	CHAT	16'3"
6. STACY WILLIAMSON	G/E	16'1.5"

HIGHJUMP

*5'4"

1. SCHMITZ, KRIS	C/SG	5'6"
2. GROBE, SUANNE	EM	5'4"
2. MORLOCK, HEIDI	STEW	5'4"
4. HARRIS, MARTHA	BYR	5'2"
5. McGUIRE, DEBBIE	DE/SC	5'2"
6. MURRAY, DENISE	PI	5'0"

DISCUS

*121'9"

1. BETHKE, JENNI	EM	120'9"
2. ERICKSON, KARIN	H/DC	118'7"
3. BURKE, SUSAN	PI	118'3"
4. HARTERT, JODIE	W-K	110'2"
5. BEHRENS, SHANNON	H/DC	105'6"
6. ERNST, PATRICE	EM	104'11"

4 X 400 RELAY

*4:09.31

TEAM	TIME
1. ROCHESTER LOURDES	4:06.67
2. LAKE CITY	*4:07.32*
3. GMLOS	*4:09.31*
4. PLAINVIEW	4:09.88
5. WASECA	4:12.49
6. KASSON MANTORVILLE	4:12.59

7/8 Lakesboro A-F/H

WINNING TEAM MEMBERS--

NICOLE HINES, MAGGIE O'CONNOR
STACY SIEVERS, JENNY MAYER**4 X 800 RELAY**

*9:54.33

TEAM	TIME
1. ROCHESTER LOURDES	9:52.74
2. LAKE CITY	9:58.59
3. ELGIN MILLVILLE	10:00.19
4. WASECA	10:02.56
5. PLAINVIEW	10:05.19
6. GMLOS	10:05.79

WINNING TEAM MEMBERS--

STACY SIEVERS, MISSY DECKER
SHARON LOEGERING, NICOLE HINES**4 X 200 METER RELAY**

*1:47.28

TEAM	TIME
1. ELGIN MILLVILLE	1:46.46
2. CHATFIELD	1:47.31
3. LAKE CITY	1:47.69
4. KWWC	1:48.49
5. STEWARTVILLE	1:50.89
6. BLOOMING PRAIRIE	1:51.83

7/8 D-E/SC K-M

WINNING TEAM MEMBERS--

JENNY LEISEN, SUANNE GROBE,
PAM PEDERSON, SARA GORDER**4 X 100 RELAY**

*50.75

TEAM	TIME
1. BYRON	50.00
2. CHATFIELD	51.29
3. KASSON MANTORVILLE	52.09
4. PLAINVIEW	52.39
5. STEWARTVILLE	52.42
6. ROCHESTER LOURDES	52.54

7/8 D E/SC Glenville/Emmons

WINNING TEAM MEMBERS--

ANNA HARRIS, MARTHA HARRIS,
TASCHA ERICSON, KARLA STROMME*QUALIFICATIONS FOR STATE MEET OTHER THAN 1ST AND 2ND IN INDIVIDUAL
EVENTS AND FIRST PLACE RELAY TEAM

1989 REGION 1A FINALIST-----ADVANCEMENT AND LANE
 ASSIGNMENTS FROM PRELIMS

BOYS

100 METER DASH

1. TRAVUS WALTMAN	EM	11.41
2. D.VANWALSTEIJN	LA	11.19
3. RALLIEGH ENGEL	PLV	11.17
4. DAN TENTIS	WK	11.08
5. GREG RYAN	ZM	11.15
6. MIKE MCNEIL	KM	11.17
7. JASON NIBBE	LC	11.21
8. JOHN DAHL	PFH	11.50

800 METER RUN

1. JON HALL	LANES	2:05.81
2. BOB KLINDWORTH	LC	2:03.77
3. SEAN SUNBERG	BYR	2:03.26
4. DAVE EDWARDS	WC	2:00.70
5. J. BRUGGEMAN	LAC	2:01.05
6. KENT ANDERSON	STEW	2:03.53
7. JOE HAAG	WAS	2:05.63
8. CHRIS DAODD	EM	2:07.49

200 METER DASH

1. MIKE MCNEIL	KM	23.68
2. HENDERSON	RPH	23.29
3. D.VANWALSTEIJN	LA	23.06
4. RALLIEGH ENGEL	PLV	23.19
5. JOHN DAHL	PFH	23.46
6. CHRIS WONDRA	BP	23.71
7. MARK HENNESSEY	RL	23.89
8. MATT KUBISTA	BP	24.01

4 X 100 RELAY

1. RPH	45.77
2. KM	44.90
3. WK	44.79
4. LA	44.85
5. ZM	45.66
6. BP	45.96
7. STEW	46.10
8. BYR	46.41

110 METER HIGH HURDLES

1. KYLE THOMPSON	BP	16.36
2. JASON VORLICEK	BP	15.95
3. COREY MEURER	WK	15.35
4. P.KLEINSCHMIDT	PI	15.14
5. DAVE BAUMANN	RPH	15.34
6. LEIGH HARTERT	WK	15.44
7. R.STEFEENHAGEN	LC	16.03
8. SCOTT TAYLOR	LANES	16.49

SPRINT MEDLEY RELAY

1. LC	3:47.39
2. EM	3:46.41
3. STEW	3:43.61
4. CHAT	3:45.60
5. LEW/A	3:46.73
6. BYR	3:47.93
7. P/F/H	3:49.29
8. RLD	3:52.69

300 METER INT. HURDLES

1. JOEL INGVALSON	BP	42.06
2. STEFFENHAGEN	LC	41.83
3. LEIGH HARTERT	WK	41.14
4. DAVE BAUMAN	RPH	40.66
5. JON KIRTZ	ZM	40.91
6. MIKE KARLEN	PI	41.50
7. MIKE FERGUSON	CHAT	41.86
8. P.KLEINSCHMIDT	PI	42.41

4 X 400 RELAY

1. RPH	3:35.06
2. WK	3:34.10
3. ZM	3:28.19
4. STEW	3:32.85
5. LC	3:34.24
6. EM	3:35.55
7. PFH	3:39.14
8. KWVC	3:43.92

400 METER DASH

1. JON URBAN	ZM	52.59
2. ROB LOVE	PFH	52.14
3. CHRIS HEPPDING	CHA	50.55
4. ERIC HENDERSON	RPH	51.68
5. NATE DODD	STEW	52.46
6. D.BAUMBERGER	ZM	53.15
7. BRIAN RODEGHIER	WK	53.31
8. CHAD WISKOW	PI	53.69

1989 BOYS REGION I TRACK AND FIELD MEET
STEWARTVILLE HIGH SCHOOL-JUNE 2 & 3, 1989

TEAM RESULTS

<u>TEAM</u>	<u>POINTS</u>
1. Z-M 4	78
2. W-K 3	48
3. STEW 3	45
4. E-M 3	38
5. LEW/AL 3	37
6. P.I. 4	35
7. CHAT. 3	31
8. R/P/H 1	30
8. WC 3	30

BYR: 22, PLV: 22, LAC: 17,
 KM: 14, F/F/H: 12, DESC: 12,
 RL: 12, LC: 12, WAS: 10, KWWC: 8,
 LANES: 7, B.F.: 4, HDC: 3

1600 METER RUN *4:28.24

1. MAHDI OMAR	WC	4:26.13*
2. DAVE EDWARDS	WC	4:27.78*
3. ERICK BOTHUM	EM	4:28.41
4. CHAGO NAVARRO	RLO	4:28.45
5. KENT ANDERSON	STEW	4:34.84
6. MARIO ARMSTRONG?	H/DC	4:34.96

3200 METER RUN *9:35.56

1. OMAR, MAHDI	WC	9:44.66
2. NAVARRO, CHAGO	RLO	9:49.71
3. MILLER, ERIC	ZM	9:54.01
4. BOTHUN, ERICK	EM	9:54.75
5. FARRY, JIM	STEW	9:54.79
6. BAARDSETH, JOEL	LAC	10:18.28

200 METER DASH *23.06

1. DAVID VANWALSTEIJN	LEW/A	22.71*
2. RALLEIGH ENGEL	PLV	23.16
3. JOHN DAHL	PFH	23.41
4. MIKE MCNEIL	KM	23.47
5. ERIC HENDERSON	RPH	23.61
6. CHRIS WONDRA	BF	23.96

7/8 Mark Hennessey (AL) Matt Kubista (BA)

400 METER DASH *50.84

1. CHRIS HEPFDING	CHAT	50.76*
2. NATE DODD	STEW	51.68
3. ERIC HENDERSON	RPH	52.16
4. ROB LOVE	PFH	52.28
5. JON URBAN	ZM	52.43
6. DARIN BAUMBERGER	ZM	52.58

7/8 Brian Aodeghier (W-K) Chad Wiskow (PI)

800 METER RUN *1:59.88

1. JARED BRUGGEMAN	LAC	2:02.01
2. SEAN SUNBERG	BYR	2:02.69
3. KENT ANDERSON	STEW	2:04.21
4. JOE HAAG	WAS	2:04.51
5. DAVE EDWARDS	WC	2:05.19
6. CORY HALL	LANES	2:07.54

7/8 Bob Klindworth (LC) Chris Daood (E-M)

110 METER HIGH HURDLES *15.15

1. LEIGH HARTERT	WK	15.19
2. COREY MEURER	WK	15.34
3. DAVE BAUMANN	RPH	15.54
4. RYAN STEFFENHAGEN	LC	15.69
5. SCOTT TAYLOR	LANES	16.31
6. JASON VORLICEK	BF	16.50

7. Fyfe Thompson (BA) 8. Peter Kleinschmidt (PI) DNF

300 INTERMEDIATE HURDLES *40.39

1. JON KIRTZ	ZM	39.25*
2. DAVE BAUMAN	RPH	39.37*
3. LEIGH HARTERT	WK	40.32*
4. MIKE KARLEN	PI	40.46
5. MIKE FERGUSON	CHAT	41.65
6. JOEL INGVALSON	BF	42.50

7/8 Ryan Steffenhagen (LC) Peter Kleinschmidt (PI)

100 METER DASH *11.41

1. D. VANWALSTEIJN	LEW/A	11:39*
2. GREG RYAN	ZM	11:51
3. DAN TENTIS	WK	11:59
4. RALLIEGH ENGEL	PLV	11:64
5. MIKE MCNEILL	KM	11:67
6. JOHN DAHL	PFH	11:75

7/8 Jason Abbe (LC) Travis Waltman (E-M)

DISCUS *157'0

1. GLEN ROEDER	DE/SC	147'5"
2. AARON FERGUSON	STEW	145'11"
3. DOUG RATH	BYR	139'6"
4. MARK HOLMEN	LANES	138'0"
5. RYAN MURRAY	PI	137'6"
6. GABE LANE	CHAT	137'3"

TRIPLEJUMP *44'1"

1. TOM McDONALD	ZM	42'7.5"
2. GUNAR GOSSARD	KWWC	42'6.25"
3. MIKE KARLEN	PI	42'6"
4. DAVID WRIGHT	EM	42'1"
5. JOSH VANDEBERG	LAC	41'1.75"
6. PETE KLEINSCHMIDT	PI	40'7"

SHOTPUT *53'4"

1. STANDINGER, JAY	PLAIN	53'5"*
2. RATH, DOUG	BYR	51'
3. MAKER, SHAYNE	CHAT	50'6"
4. MURRAY, RYAN	PI	49'6.5"
5. ROEDER, GLEN	DE/SC	49'6.5"
6. CARLSON, KIRK	L-A	47'

LONGJUMP *21'6"

1. KARLEN, MIKE	PI	*21'9.75"
2. KIETZ, JON	ZM	21'1.25"
3. WRIGHT, DAVID	EM	20'5.75"
4. VANDEBERG, JOSH	LAC	20'4.25"
5. RYAN, GREG	ZM	20'2.25"
6. THORN, TRAVIS	RPH	20'2"

HIGHJUMP *6'4"

1. KIRTZ, JON	ZM	6'4"*
2. KLEINSCHMIDT, F.	PI	6'2"
3. SINN, PAT	WAS	5'10"
4. HATLEVIG, BRIAN	RPH	5'10"
5. LARSON, NATE	H/DC	5'8"
6. THOMPSON, KYLE	BF	5'8"

POLEVault *13'2"

1. KROENING, AMIS	EM	12'3"
2. STORM, CHARLES	LA	11'6"
3. STILLER, BRAD	ZM	11'6"
4. BURI, MIKE	STEW	11'
5. DANIELS, DEREK	CHAT	11'
6. LEXVOLD, RANDY	ZM	11'

4 X 400 RELAY *3:28.74

TEAM	TIME
1. ZUMBROTA-MAZEPPA	3:25.73*
2. WABASHA-KELLOGG	3:30.37
3. STEWARTVILLE	3:30.86
4. LAKE CITY	3:34.39
5. ELGIN-MILLVILLE	3:36.49
6. RPH	3:38.96

WINNING TEAM MEMBERS- DARIN BAUMBERGER, JON URBAN, JON KIRTZ, GREG RYAN

4 X 100 RELAY *44.4

TEAM	TIME
1. WABASHA-KELLOGG	44.49
2. KASSON-MANTORVILLE	44.81
3. LEWISTON-ALTURA	45.63
4. ZUMBROTA/MAZEPPA	45.63
5. RPH	46.19
6. STEWARTVILLE	46.24

WINNING TEAM MEMBERS- COREY MEURER, BRIAN RODEGHIER, LEIGH HARTERT, DAN TENTIS

SPRINT MEDLEY RELAY *3:40.15

TEAM	TIME
1. CHATFIELD	*3:38.25
2. STEWARTVILLE	3:40.26
3. ELGIN-MILLVILLE	3:40.75
4. LAKE CITY	3:42.16
5. LEWISTON-ALTURA	3:46.99
6. P/F/H	3:47.47

WINNING TEAM MEMBERS- MARK SCHEIBLE, CHRIS HEPFDING,